

# Safe Braking Tips



## Mastering Smart Stopping

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It's important to teach best braking practices before your little one really needs to slow down. Not only does knowledge of proper braking ensure safety, but it will also instill your child with confidence.



### Breaking Old Habits

When children first learn to ride a bike, they are usually inclined to touch their feet down to slow down. For this reason, it's very important to teach safe hand-braking skills at an early age so they develop the proper habits before they're traveling at higher speeds.



### Braking In New Habits

Teach children how to use the hand brakes by placing both hands on the handlebars and squeezing both levers fully at the same time. They should never use only the left brake since this may send them over the handlebars. Show them that the right-hand brake controls the rear brake and the left-hand brake controls the front brake.



### Color-Coded woom Brakes

In order to instill the importance of prioritizing the rear brake, the smallest woom bike models (on all sizes 1-3 bikes) come with green right brake levers and green rear brake pads. These color-coded brakes make it intuitive and easy for kids to learn.



### Make it a Game!

A fun way to practice stopping and slowing is by playing the game, "Red Light, Green Light." Start by having the child start riding and then say "red light!" and have the child squeeze both brake levers to stop, then say "green light" to start again. "Yellow light" or "slow" can be used to teach the child how to gradually apply the brakes to slow down. Repeat until they have grasped the concept of slowing and stopping.